

The 2 Ingredient Banana Egg Pancakes



Super simple pancakes ready in minutes - no more faffing around!

Author: HurryTheFoodUp **Prep time:** 3 mins **Cook time:** 7 mins **Total time:** 10 mins

Serves: 1 **Calories:** approx. 231 **Protein:** 12

Ingredients

- 1 banana
- 2 eggs

Instructions: Toss 2 eggs and a banana into a mini-blender or even a shaker OR

1. Mash up bananas in a large bowl
2. Whisk eggs and add to banana paste
3. Fry in a pan with a little heated oil or butter

Other Ideas if you feel like you just must complicate it...

4. **For the batter:**
 - * 1 tbsp of coconut powder
 - * A small handful of hazelnuts, almonds or walnuts
 - * 1 tbsp of peanut butter (we LOVE that combo!)
 - * 1 tbsp of protein powder
 - * 1 tbsp of raisins
 - * 1 tsp of cinnamon
 - * 1 tsp of vanilla extract
 - * A few thin slices of apple or pears
 - * Pumpkin puree (organic)

Topping ideas:

- * Honey
- * Maple syrup
- * Cherries, strawberries
- * Yogurt
- * Sugar and lemon juice